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## Klara Beauty Lab

Health and beauty, Spas Upper East Side **\$\$\$\$** ★★★★★ (3 user reviews)



### TIME OUT SAYS

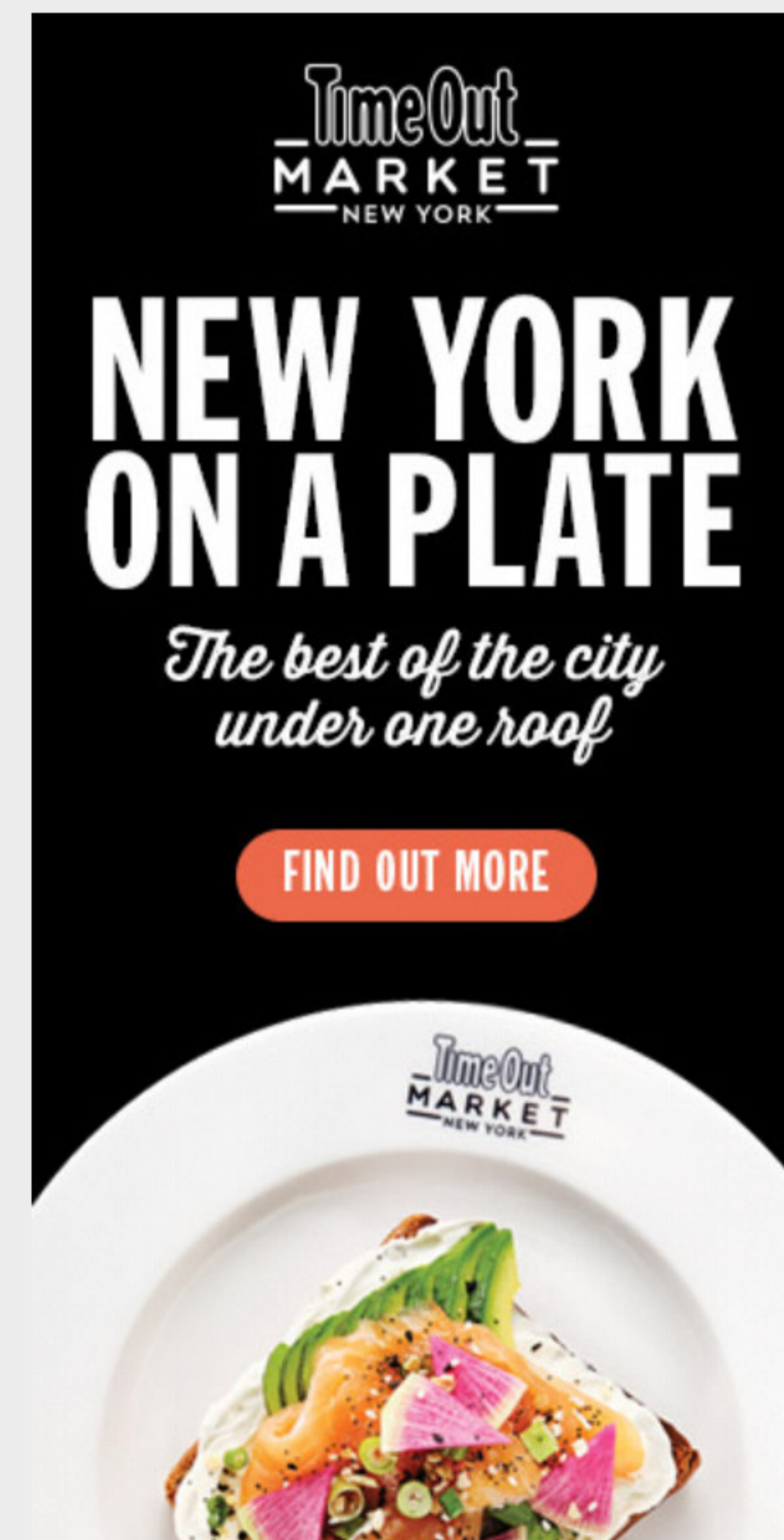
### DETAILS

### USERS SAY (3)

★★★★★

Owner Klara Chruszcz ran a nail salon in her native Poland before moving to New York eight years ago, and has since worked at popular spots such as Bliss Spa and YeloSpa. She finally opens a space of her own with this upscale, aqua-toned medical spa. The retreat is divided into three rooms: One is used for waxing services (\$20–\$100) and serves as the office for Dr. Jean Archer to administer Botox (\$300–\$600) and dermal fillers (\$450–\$600). Another area is reserved for Chruszcz’s chemical peels (\$200); microdermabrasion (\$200, with facial \$400); and European-style facials (two hours \$250), which are customized to each client’s skin type, and incorporate both holistic (reiki, sonotherapy) and high-tech (LED chromotherapy, oxygen infusion) techniques. Massage therapist Ivan Ivanov presides over the third room, where he performs all manner of rubdowns (\$80–\$250)—Swedish, shiatsu, deep tissue, sports, lymphatic drainage and reflexology—in 30-minute increments. Since Chruszcz has a board-certified physician on staff, she’s able to carry the medical-grade SkinCeuticals line (\$30–\$150), which is used in most of the treatments. Don’t miss the Lash Lift eyelash perm (\$150), which curls follicles upward and lasts four to six weeks.

Posted: Friday March 1 2013



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